



The Centered Space

Adults

If traditional therapy never fit, you are **not the problem**.

Occupational therapy for adults, with or without an NDIS plan. Within about 30 minutes of Ipswich and across greater Brisbane, or online anywhere in Australia. You can email or text instead of calling.

Phoenix Seu, occupational therapist, based in Ipswich.

— Who is this for, and what do we help with?

Neurodivergent adults



Burnout, executive functioning, routines that keep falling apart. Daily life made more workable.

A home that works



Cooking, money, transport, the right equipment. Home and living assessments and assistive technology are led by our senior team, with Phoenix in your home.

Work, study and energy



Task and environment changes, energy management and pacing.

Getting out into the community



Your goals, your routines, your environment. You are not a problem to be fixed.

— Where and how do sessions happen?

Within about 30 minutes of Ipswich



Ripley, Redbank Plains, Goodna, Springfield, Forest Lake, Inala, Oxley, Jindalee and Rosewood, and across greater Brisbane. At home, at work and in the community.

Online anywhere in Australia

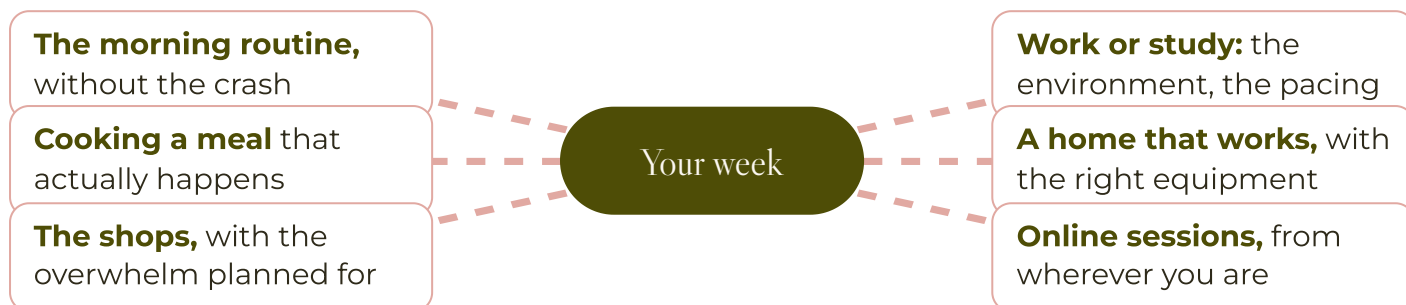


No waiting room. Email or text Liz if you would rather not call.

— Is Phoenix taking new people now?

Phoenix Seu, occupational therapist, joined our team in **October 2026**. Her books are open.

Phoenix is based in Ipswich, one of four occupational therapists here. The wider OT team has room too.



What does it cost and who pays? NDIS funding may cover OT where it aligns with the participant's goals and approved plan. Not all NDIS plans include OT supports. **Plan-managed and self-managed plans.** We are not NDIS-registered. \$193.99 an hour, the NDIS price limit. Check your plan, take your time, and talk it over with your Support Coordinator or someone you trust.

— How do I start?

- 1 Enquire on the page below, or scan the code. Liz, our NDIS specialist, calls, texts or emails you within one business day, your choice.
- 2 If we are the right fit, we match you with the best-suited clinician. If not, we point you to someone who is. Nothing is booked until you say so.

Liz, our NDIS specialist

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